TESTIMONIALS

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To Whom It May Concern;

For approximately three years I have experienced nausea most of the time. I found there were certain foods made it worse both to smell and eat; these included broccoli, cauliflower, potatoes, carrots, beef and gravy.

Efforts were made from time to time to discover the cause through colonoscopy, endoscopy, ex-ray, blood samples, stool samples, and ultrasound. Nothing ever came of these. During the last year, I have used domperidone to keep food moving. Last September, I visited Floyd Brown who did a blood analysis. He said it was the worst he had ever seen. Present were acid, parasites, candida, red blood cells clotted together, and platelets clotted. I performed the liver cleanse and felt some relief and did it again in December.

On January 8^{th} , 2012, I began preparation for a gall bladder cleanse. Jan 16 at 6 p.m. I began "the cleanse". The next steps were at 8 p.m. and 10 p.m. and one more at 6 a.m. January 17^{th} .

At 10:30 a.m. I experienced a bowel movement that passed about 40 or so stones and repeated at 3:30 p.m. the same amount. The nausea is almost completely gone, and I am eating normally again. It is my intention to repeat the cleanse in four weeks time.

Sincerely,

Elmer (Bud) M

P.S. I strongly endorse Joy in Health and Nutrition Inc.